OSHC SUN SMART POLICY

St Joseph's Kingswood is all about our children. We create and uphold a nurturing environment for our children, families, teachers, volunteers, and the wider parish. We are a Catholic community of educators and learners who strive for excellence in education, and we are innovative and collaborative in our approach. Our life long purpose is to maintain a sense of belonging for all our children encouraging them to reach their full potential.

This policy is for implementation throughout the whole school year. It has been developed using the recommendations for Primary Schools from the Cancer Council SA.

**Aims**

- To ensure that all children and educators at our Service are protected from skin damage caused by the harmful ultraviolet rays of the sun.
- To promote positive attitudes toward skin protection among children, educators and parents/carers.
- To incorporate sun and skin awareness activities into the daily routine in order to promote lifestyle practises which help reduce the incidence of skin cancer and related problems.

**Procedures**

The service expects all children to wear a hat whilst outside when in OSHC. The Service recommends legionnaire or broad-rimmed slouch hats. Baseball hats are not an acceptable option.

1. OSHC has a 'no hat – no play' emphasis. Children without hats will be directed to play under the verandah or inside.

2. Students will be encouraged to apply sunscreen regularly. Sunscreen is provided by the service; however, if children suffer with sensitive skin, parents can provide the service with their child’s own named sunscreen.

3. Educators will direct children to play indoors or in shaded areas on days of extreme heat.

   On days of $\geq 35\,\text{C}$ and students will not be allowed to play in the sun.

   On days of $\geq 39\,\text{C}$ the children will stay indoors.

4. Educators will ensure children rehydrate their bodies by encouraging children to have frequent drinks of water.
5. Spare hats will be available in OSHC for children to wear. Care will be taken to ensure that the spare hats are cleaned and sanitised. The OSHC Director will be responsible for ensuring the hats are sanitised.

6. Educators will be encouraged to role model appropriate Sun Smart strategies in all OSHC activities.

7. Reinforcing the Sun Smart message in OSHC activities and in general OSHC procedures are important strategies in the adoption of the skin protection behaviours. The service will provide sun protection information for parents/carers.

References: *Being Sun Smart*. The Cancer Council Australia November 2008

Police created: 2012

Policy reviewed date: 2015

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